

"Joe was extremely knowledgeable, the session was engaging, the content was comprehensive, and I felt there were actionable points that I could take with me into my daily life. I would highly recommend to anyone and everyone to take part in this session."

"Exceeded my expectations!"

"I learnt so much, I didn't feel judged if I said something in the wrong way.. it was okay, learning to sincerely say sorry if I do get something wrong in the way I say something is okay... it is an opportunity to learn. Great course... thank you"

"Fantastic, excellent content and delivered in a supportive way ensuring no-one felt a question was silly."

"There was a great overall coverage of the topics which everyone was able to engage with regardless of prior knowledge or understanding, whilst still managing to highlight and focus on some of the core challenges that LGBT+ people are facing today – all of which Joe delivered in an engaging and thoughtful way."

**Jamie, Norfolk Community Foundation (November 2021)**

"I feel like the staff are much more on board [with regards to supporting transgender service users]. This is the change in culture/attitude we wanted from the training, so thank you very much."

"The session was fantastic and created excellent starting points for further conversations."

"Brilliant, relevant and informed. Thank you."



# LGBT+ Awareness Training

With a collective understanding of each other, we can change the world through people – **Norfolk LGBT+ Project**

"Content was exactly what we all needed to ensure we have the skills and knowledge to support gender variant individuals."

"Absolutely brilliant, very knowledgeable, interactive and interesting."

"Informative, thought-provoking and non-judgemental."

"The training with Joe was brilliant. I thought Joe had a lovely warm and open approach. I particularly liked how non-judgemental he was when discussing some peoples lack of awareness . His approach was all about education and building empathy. Thanks Joe for an engaging course about such an important subject!"

**Katy Dunne, Opening Doors (January 2022)**

"A credit to Norfolk"

"Really informative, well presented, felt very comfortable and a safe non-judgmental environment. Really pleased we can now use this training to better help the LBGTQ+ community during such a difficult time and within our own private lives with friends and family. Thank you!"

"The session was really helpful and informative, well paced and clear. Joe was an excellent presenter and was really good at explaining things. He also dealt very well with some more sensitive and potentially difficult questions and discussions. It is also really good to know that this service is out there and that help is available to those who need it and we can refer people to that help."